## **Heardmont Park Cross** Nov 22, 2020



RETURN TO LIFE . RETURN TO PLAY Dr. David C. Todd, LLC

205-444-9484 David C. Todd, D.C., C.C.S.P® Certified Chiropractic Sports Physician 2000 Southlake Park Hoover, AL 35244

Category	StartTime	Distance	Fee	Purse
MC4/5	10:00 AM	40 Min	\$35	Medals
WC4/5	10:01 AM	40 Min	\$35	Medals
WMST50C4/5	10:02 AM	40 Min	\$35	Medals
Mst40	10:55 AM	40 Min	\$35	Prize
Mst50	10:55 AM	40 Min	\$35	Prize
Mst60	10:55 AM	40 Min	\$35	Prize
OPEN KIDS	11:50 AM	1 Lap	free	Medals
SS	12:05 PM	30 Min	\$25	Medals
MTB	12:05 PM	30 Min	\$25	Medals
MJR15-18	12:45 PM	30 Min	\$15	Medals
WJr15-18	12:46 PM	30 Min	\$15	Medals
MJR9-14	12:47 PM	30 Min	\$15	Medals
WJR9-14	12:48 PM	30 Min	\$15	Medals
MC1/2/3	1:30 PM	50 Min	\$35	Purse
WC1/2/3	1:31 PM	50 Min	\$35	Purse
https://bikereg.com/heardmont-park-cross				

## **Race and Registration Notes**

A USA Cycling license is required for racers. Cat 5 Men and Cat 5 Women, or Juniors may purchase a one-day license for \$10 for the event during the registration process. Men or Women Cat 4 and above may purchase an Experienced Racer One-day License at www.usacycling.org and may compete in any race that includes Cat 4 and up. It is recommended to renew your annual license and it will be good for the next 12 months.

Racers eligible to compete in more than one race that day may purchase the additional race entries for \$10.

Registration closes online (https://www.bikereg.com/herdmont-parkcross) at 8:00 pm, Saturday, November 21st.

Due to COVID-19 there will be NO On-site registration. Shelby County requires masks and to practice social distancing while on -site.

Race organizers reserve the right to combine categories and awards due to attendance.

Mountain bikes are allowed for races, but bar ends must be removed to be legal.

Races held rain or shine... NO REFUNDS.





#3164 **Bob's** 

Bikes





SKYHOOK







**Race Venue:** 

Heardmont Park 5458 Cahaba Valley Rd, Birmingham, AL 35242

https://goo.gl/maps/zo3NL1CXCgTHRKwb9